Helping parents advocate for their children's success

# **PONTIAC PARENT UNIVERSITY**

## **RESOURCE GUIDE**







## **Table Of Contents**

| I. How To Use This Guide   | 1   |
|--|-----|
| Notes  | · 2 |
| II. General Services  Baldwin Center Centro Multicultural La Familia Department of Human Services The Dream Center Easter Seals Hispanic Outreach Lighthouse of Oakland County Oakland Family Services OLHSA Pontiac Youth Assistance Salvation Army | 3   |
| III. Health Services Common Ground F.A.I.R. PONTIAC Family Focus Gary Burnstein Community Health Clinic Healthy Pontiac Oakland Primary Health Services  | 10  |
| IV. Legal Services Legal Aid and Defender Associates Michigan Legal Help   | 14  |
| V. Job and Financial Career Dress Community Action Alliance W.R.A.P. Labor Ready Michigan Works Pure Michigan Talent Connect RJ Credit Associates  | 15  |
| VI. Extracurricular/Activities   | 17  |

### **How To Use This Guide**

This guide is designed to help parents find services that they might find useful in providing assistance for their children's success. Each service is separated by its type and has a detailed description of who they are and what specific service that they offer. Also, with a few exceptions each service is within the immediate Pontiac area. We also hope that other community members and professionals will find this guide useful.

Included is a notes page to write down important information if you happen to contact one of the services listed.

General Services: These services cover a wide variety of areas and are a great place to start when looking for assistance.

Health Services: These services are centered on general health and or disability services.

Legal Services: Features resources that can provide legal assistance in case the need arises.

Job/Financial Services: This section focuses on job and career search and financial planning.

Extracurricular/Activities: These are organizations that offer children opportunities to become involved in a variety of activities that keep them engaged afterschool.

Daycares: If you have younger children these are a few of the area options for daycares.

Educational Resources: These resources are useful for supplementing your child's learning or helping them improve in an area where they can be stronger. Also these resources great for keeping your child engaged during the summer.

Scholarships/College Advice: These resources can help in making the transition into college less stressful for both you and your child.

If you have any feedback or suggestions for this guide feel free to email <u>Jljohnso@oakland.edu</u> and help us to continually improve on it.

### **General Services**

### **Baldwin Center**

212 Baldwin Ave., Pontiac, MI 48342

### 248-332-6101 | Baldwincenter.org

The Baldwin Center is a nonprofit 501(c) 3 organization that offers more than 25 support programs that meet basic needs, offers assistance in a crisis, provides education and enrichment opportunities for adults and children, and serves as a safety net.

### Services include:

### After School Enrichment

 This program provides tutoring, help with homework, a meal, recreation and enrichment for 30 elementary and middle school children from the surrounding neighborhood.

### Summer Lunches

 The Baldwin Center provides free lunches during the summer to neighborhood children through Meet Up & Eat Up sites around Pontiac. The children participating in the summer enrichment camp also receive breakfast and snack in addition to lunch.

### • Summer Enrichment Day Camp

• The Summer Enrichment Day Camp is a six-week summer program for 45 students transitioning to second through sixth grades.

## Baby Food & Formula

 Thanks to generous donations, the Baldwin Center is able to provide baby food and infant formula to local families. Donations of baby food or formula can be dropped off at the Soup Kitchen entrance Monday through Friday between 8:30 am and 5 pm.

### Adult Education

 Also, they provide adult education and GED preparation for neighborhood adults. For GED preparation, they have self-paced GED software you can use in their computer lab or any other computer with Internet access. All of this is offered on the first and third Tuesdays of the month at 12 o' clock noontime.

### Clothes Closet

 The Clothes Closet provides a wide range of clothing, shoes and winter weather items to area men, women and children. The Baldwin Center also welcomes people from HAVEN, a local domestic violence shelter, and other area partners.

### Centro Multicultural La Familia

35. W. Huron, Suite 500, Pontiac. MI, 48342 248-858-7800 | Centromulticultural.org

Centro Multicultural La Familia offers **culturally and linguistically competent services** in the areas of mental health, substance abuse, domestic violence, home-based

### Coat Drives

### **Easter Seals**

2399 E. Walton Blvd., Auburn Hills, MI 48326

### 248-475-6300 | Easterseals.com

Easter Seals provides services for children and adults with mental or physical disabilities. Each Easter Seals facility works with the specific needs of a community in mind.

### Services include:

- Accessibility Resources
- Autism Services
- Camping & Recreation
- Day Care
- Employment & Training
- In-Home Care
- Mental Health Services
- Therapy
- Veteran Reintegration
- Senior Career Employment
- Respite Services

### **Hispanic Outreach**

76 Williams St., Pontiac, MI 48341

### 248-338-4250 | Ccsem.org/Hispanic-outreach/

The Hispanic Outreach provides educational and skill-building programs for Hispanic parents and children. Many of the services that the Hispanic outreach provides are of no cost or small fee. Day care services are also available for children.

- Basic Needs Assistance
- Translation and interpretation services
- Education
- Referrals
- Legal
- Prenatal Care
- Mentorships
- Summer Programs
- Adult Education
- Governmental Program Case Management MBA
- Prevention Services
- Job Skills
- Financial Skills

delay, or have a physical or mental condition that would result in a developmental delay, at no cost.

### • Fussy Baby:

 Home based educational support services for infants up to three years that have difficulty with self-regulation.

### Parents as Teachers:

- o Provides parents with information on child development and involves parents in learning activities with their child. This program serves Oakland County families with children six and under looking to increase knowledge in parenting skills and child development.
- Mental Health Treatment
- Adolescent Substance Abuse
- Alcohol and Drug Treatment
- Women's Specialty Substance Abuse Treatment Program
- Specialized Services For Youth

## Oakland Livingston Human Services Agency (OLHSA)

196 Cesar E. Chavez Ave., Pontiac, MI 48342

### 248-209-2600 | Olhsa.org

OLHSA is the largest private nonprofit agency delivering human services to Oakland and Livingston Counties. OLHSA has a comprehensive set of services, focusing on meeting the basic needs of senior citizens, persons with disabilities, and people suffering from economic hardship. Our broad range of connected services empowered more than 13,000 clients last year to reach or maintain self-sufficiency. Their services address specific needs in Oakland and Livingston County communities.

- **Chore Services:** Home assistance for adults 60 years and older.
- **Health Insurance Help:** Assistance navigating the health insurance market.
- **Emergency Food Assistance:** Free emergency food and nutrition assistance at no cost.
- **Emergency Utility Assistance Program:** Assistance with utility shut off notice or one that is pending
- Michigan Benefits Access: Assistance in signing up for State benefits.
- **Resource Advocacy:** Assistance Filling Medicare and Medicaid and Senior Citizen Referral.
- Michigan Enrolls: Health care education and outreach, and Medicaid enrollment.
- **Early Head Start:** Daycare services.
- **Energy Education:** Information about energy saving to help participants' lower utility bills through energy saving behavior.
- **Grandparents Raising Grandchildren (GRG):** A resource and support group for grandparents age 55 and older who are raising grandchildren.
- Great Start Readiness Program: School readiness program for 4 year olds.
- **Head Start:** A preschool experience for 3 to 5 year olds.

- Seasonal Services
- Casework Services
- Camping Activities
- Visitation Services
- Worship Services Church
- Worship Services Sunday school
- Women's Ministries
- Character Building Programs
- Community Recreation Programs
- Day Camp Activities
- Latchkey Programs

## Family Focus Health Clinic

3129 Park Meadow Dr., Lake Orion, MI 48362

## 248-639-4250 | Cgrave9.wixsite.com/familyfocushealth

Family Focus Health Services is a Maternal Infant Health Program (MIHP) provider. Its services are focused on helping pregnant women and their children. Their services are free, voluntary and covered by Medicaid. A care coordinator will meet with you in your home and will help you with things such as: scheduling a doctor visit, setting up transportation, locating the nearest WIC facility, providing a car seat or help with any other prenatal or infant needs you have.

## **Gary Burnstein Community Health Clinic**

45580 Woodard Ave., Pontiac, MI 48341

### 248-309-3752 | Garyburnsteinclinic.org

The Dr. Gary Burnstein Community Health Clinic (GBCHC) provides healthcare to members of the community at no cost. The GBCHC is a 501(c) 3 nonprofit organization, dedicated to meeting the health care needs of low-income, underinsured, and uninsured residents of Oakland, Macomb, and Wayne Counties within Southeast Michigan.

### To receive services from this clinic you must be:

- 18-65 Years old.
- At or below 250% Federal Poverty Level.
- Uninsured.

### To become a patient:

- Supply your most recent financial information as one of the following.
  - o 1040 or 1040ez (tax return).
- Proof of non-filing status from the IRS For those who did not file taxes last year or have no income. The IRS can be reached at 1-800-829-1040
- Supply a valid, government issued, picture ID (drivers license, state ID, prison ID, or green card).
- · Letter of Denial from Medicaid.
- Intake Packet downloaded from website at garyburnsteinclinic.org/Become-A-Patient, which includes the following:
  - o Completed Patient Registration.
  - o Completed Patient History.
  - o Completed Patient Consent Contract.
  - o Completed Release of Medical Information.

- Family Medicine
- Internal Medicine
- Dental Work/Dental Hygiene
- Podiatry
- Gynecology

- Primary Health Care
- Preventive Care
- Mental Health Care
- Comprehensive Health Assessment
- · Vision and Hearing Screening
- Medication
- Immunization
- Treatment of Acute Illness
- Co-management of Chronic Illness
- Health Education
- Medicaid Outreach and Enrollment
- Oral Health Services or Referral
- Referral for Specialty Care

## Job/Financial Services

### **Career Dress**

55 W. Huron St., Pontiac, MI 48342 248-481-8276 | Careerdress.org

**Referral Only** 

Career Dress assists women who have a job interview scheduled or are in a job-training program by providing them free professional outfits. This service is referral only and their clients come from over 40 different agencies, including State of Michigan Welfare-to Work programs, Michigan Rehabilitation Services, Department of Human Services, homeless, domestic Abuse, and drug rehabilitation facilities. They provide clothing for a variety of industries (including scrubs for the medical fields, uniforms for restaurant workers, work boots, etc....).

# Community Action Alliance W.R.A.P. (Water Residential Assistance Program)

313-386-WRAP (9727) | Waynemetro.org/wrap

The WRAP's mission is to administer the distribution of WRAP funding to the eligible, low-income customers of the Great Lakes Water Authority regions by giving them access to bill assistance, water conservation measures, and to help them navigate resources and WRAP-around supports.

### **Program Benefits:**

- Assistance up to \$1,000 per household per year, \$25 monthly bill credit and help with arrearages.
- Home water audit for households above 120% of average usage.
- Home repairs of up to \$1,000 per household to fix minor plumbing issues leading to high usage.
- Water saving kits and consumer training classes.
- Supportive WRAP-Around Services.

## WRAP Participants Qualifications:

- Have Income at or below 150% of poverty threshold.
- Provide proof of residency and income.
- Provide renters proof of responsibility for water on lease.
- Stay current on monthly bill payments

## **Labor Ready**

39 S. Glenwood Ave., Pontiac, MI 48342

248-332-5555 | Laborready.com

Labor Ready is a Temporary Work agency that tries to pair workers to jobs in a variety of work industries. *It will soon merge with its sister companies and will be called PeopleReady.* 

## Extracurricular/Activities

## The Art Experience, Inc.

175 S. Saginaw St., Pontiac, MI 48342

248-706-3304 | Theartexperience.org

The Art Experience is a community art center that focuses on art therapy to help those who are dealing with and recovering from mental illness, substance abuse, those with some form of impairment, and at-risk children.

They also offer Open Studio for any one in the general community to come in and create art, along with specialized programs.

## The Boys and Girls Club of Southeastern Michigan

220 S. Squirrel Rd., Auburn Hills, MI 48326

248-852-1336 | Bgca.org

The boys and girls club provides after school programs and activities for youth age 18 and under. The Club is centered on building character and creating opportunities for the youths that it serves.

### Services include:

- Education and Career Programs
- · Character and Leadership Programs
- · Health and Life Skills
- Art Programs
- Sports, Fitness and Recreation Programs
- And others.

### **Center for Success**

245 E. Rundell St., Pontiac, MI 48342

248-977-2492 | Cfspontiac.org

The Center for Success is a nonprofit organization that provides after school programs, literacy, parental development courses and more for the underprivileged youth of the city.

### **Creative Arts Center**

47 Williams St., Pontiac, MI 48341

248-333-7849 | Pontiac.mi.us/about/creative\_arts/

The Pontiac Creative Arts Center is a non-profit organization serving the North Oakland community area with art education, art programs and exhibitions. Ongoing exhibits are presented; classes, summer Confetti Camp and various community events are held during the year. In addition, the Arts Center supports local schools by presenting workshops and performances and by sending artists in to the school to hold art classes.

### Services include:

- Academic Support Art Disciplines
- Technology
- Physical Activities
- Leadership Development
- Character Education
- Life Skills
- · Career Planning
- · Wellness and Nutrition
- Drug and Violence Prevention
- Entrepreneurial Skills STEM Initiatives

### Project Excel is offered at the following sites:

- Alcott Elementary
- Herrington Elementary
- Owen Elementary School
- Rogers Elementary
- WHRC Elementary
- · Pontiac Middle School
- Pontiac High School

## **Project Upward Bound**

S. Foundation Hall, Room 261

308 Meadow Brook Road Rochester, Michigan 48309-4454

248-370-3218 | wwwp.oakland.edu/upwardbound/

Project Upward Bound (PUB) is a multi-faceted college preparatory enrichment program. Serving 120 participants per program year (June 1 – May 30), PUB's mission is to provide academic, social, cultural, and career enrichment with a goal of participants entering and succeeding in higher education. To achieve this mission,

### PUB's objectives focus on:

- Grade Point Average Improvement
- Math and English Proficiency on the Michigan Merit Exam
- Retention in and Graduation from PUB and High School
- Success in a Rigorous High School Curriculum
- Postsecondary Enrollment
- Postsecondary Completion

### Perks of Membership

- Parents and participants may receive counseling services at Oakland University's counseling Practicuum Center at no charge
- Participants receive a small stipend for participation just a little pocket change to recognize their effort

## Daycare Services

## Bright Horizons at St. Joseph Mercy Hospital Oakland

**Open Enrollment** 

161 Bassett St., Pontiac MI 48341

**Enrollment Information: 877-624-432** 

Phone: 248-858-6667 | child-care-preschool.brighthorizons.com/MI/Pontiac/stjoe

## Hands of Hope Childcare Center

Parents must live at Grace Centers of Hope and are enrolled in the one-year life skills program, or have graduated from our one-year program and are going to school or working.

35 East Huron Street, Pontiac, MI 48342 (855) 435-7424

## **Kings Kids Preschool**

Open Enrollment 1750 Baldwin, Auburn Hills, MI 48340 (248) 335-6011

## Melvin Cobb's Day Care & Learning Center

Members only? 143 Oneida, Pontiac, MI 48341 (248) 335-8740

## **Wee Luv Tots Learning Center**

Open Enrollment 189 S Johnson Street, Pontiac, MI 48341 248-332-8998 Has reading resources, activities, and worksheet materials children can use to practice their reading, writing, and vocabulary skills. For grades 1-12.

### Scholastic.com

Offers a variety of reading resources for kids up to age 13.

### Math

### Khan Academy.com

A Very popular learning resource that has free classes in a variety of subjects, and has a login for parents to keep track of their children.

### Math.com

Offers basic and in-depth assistance with mathematics and resources for parents to help their children with math.

### Patrickjmt.com

This site has free math videos covering Algebra, Arithmetic, Calculus, Differential Equations, Discrete Math, Linear Algebra, Probability and Statistics, and Trigonometry.

### Paul's Online Math Notes (tutorial.math.lamar.edu)

These are notes from the author who teaches math classes at Lamar University, he has notes for Algebra, Calculus I, Calculus II, Calculus III, and Differential Equations.

### **Science**

### Ask Dr. Universe. (askdruniverse.wsu.edu)

Is a site for younger children that answers questions about science. You can search through the questions already submitted or you can ask questions yourself. This site also answers questions about math.

### Billnye.com

Under the educational resources section of this website, there are home science projects episode guides, and printable guides.

### HowStuffWorks.com

This site offers wealth of information about the world and how it works.

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