

# GENERIC ISOLATION ROOM GUIDELINES

**CORONAVIRUS  
COVID-19**

The purpose of these guidelines is to outline the isolation room procedure when a student becomes ill at school with COVID-19 symptoms.

The isolation room should contain a bathroom with handwashing facilities. If this is not feasible, designate a bathroom for isolation room use only. Consideration of ventilation such as windows and an outside door is preferable to reduce the spread of disease for isolated individuals exiting the building.

## RECOMMENDED SUPPLIES

- Surgical masks (adult and child sizes)
- Latex-free gloves
- Face shield
- Disposable gowns
- Tissues
- Garbage can
- Trash bags
- Hand-sanitizer with 60-95% alcohol
- Brown paper bags
- EPA approved cleaning supplies
- Phone or Walk-talkie
- N95 masks
- Touchless thermometer
- Proper signage restricting/limiting entry
- Clipboard, pens, symptomatic log sheet, symptomatic student letter

## HOW TO DETERMINE IF STUDENT SHOULD BE RELOCATED TO ISOLATION ROOM

1. Is student currently experiencing ONE or more of the following symptoms unrelated to a known pre-existing condition (e.g. asthma, allergies)?

- New cough       Shortness of breath       Difficulty breathing       New loss of taste or smell

2. Is student currently experiencing TWO or more of the following symptoms unrelated to a known pre-existing condition (e.g. asthma, allergies)?

- Fever (100.4 degrees or higher)       Headache       Diarrhea (2x in 24 hours)
- Chills (rigors)       Sore throat       Nausea or vomiting (2x in 24 hours)
- Muscle aches (myalgias)       Fatigue       Congestion or runny nose

Learn more about slowing the spread of COVID-19 at [www.oakgov.com/covid](http://www.oakgov.com/covid).  
For questions call Nurse On Call at 1.800.848.5533.

For students with a known pre-existing condition (e.g. Asthma, Allergies), follow the students specific individual medical care plan/emergency plan. Isolation is not required.

Is student currently experiencing ONE or more of the following symptoms unrelated to a known pre-existing condition (e.g. asthma, allergies)?

New cough • Shortness of breath • Difficulty breathing • New loss of taste/smell

AND/OR

Is student currently experiencing any TWO or more of the following symptoms unrelated to a known pre-existing condition (e.g. asthma, allergies)?

- Fever (100.4 degrees or higher)
- Chills (rigors)
- Headache
- Muscle aches (myalgias)
- Sore throat
- Fatigue
- Diarrhea (2x in 24 hours)
- Nausea or vomiting (2x in 24 hours)
- Congestion or runny nose

YES

Treat student as suspected COVID-19 and follow isolation room guidelines

NO

Student can remain in class/school

## ONCE IN THE ISOLATION ROOM

---

- Assigned school personnel wears gloves and surgical mask at all times
- If student is coughing, assigned school personnel should wear a face shield and N95 mask
- If student is vomiting, assigned personnel should wear a gown
- Contact parent for prompt student pick up
- Have student wash hands and replace facial covering with a surgical mask (store used face covering in brown paper bag to be laundered at home or throw away disposable mask)
- Remain 6 feet apart in the isolation room when possible
- Monitor student(s) at all times
- Assigned school personnel uses Symptomatic Student Documentation Log
- Recommend taking temperature upon arrival and document results on Symptomatic Student Documentation Log.

## ONCE PARENT/GUARDIAN ARRIVES TO SCHOOL

---

- Parent/Guardian to remain in vehicle, student to be escorted to pick up area
- Parent/Guardian to receive Symptomatic Student Letter

## CLEAN AND DISINFECT

---

- All items and surfaces used by the ill student
- Remove gloves – wash hands
- Remove mask and throw way – wash hands again
- Replace surgical mask if monitoring additional students
- Notify custodial staff per building disinfecting protocol.

CDC provides guidance on an isolation plan if someone arrives or becomes ill at school. Isolation “separates sick people with a contagious disease from people who are not sick” (CDC, 2017). [Managing Communicable Disease in School \(July 2020\)](https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/cleaning-disinfecting-school-classrooms.pdf)  
[Cleaning and Disinfecting in School Classrooms](https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/cleaning-disinfecting-school-classrooms.pdf) [https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/cleaning-disinfecting-school-classrooms.pdf](https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf)  
PPE ([How to put on and take off PPE](https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf)) <https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>