

# MARCH

## Pontiac Middle School Menu



Questions or Comments?  
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 GM of Foodservice  
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### MONTHLY PROMOTION

March 5<sup>th</sup> is Fat Tuesday. Try some of our new Creole concepts including Chicken Gumbo or a Po-Boy! Have some Local Blueberries in your smoothie during National School Breakfast Week!

### DAILY SELECTIONS


Hamburger or Cheeseburger  
 Spicy Chicken Sandwich  
 Cheese or Pepperoni Pizza

### DAILY SELECTIONS

Deli Subs & Wraps  
 Fresh Fruit and Vegetable Bar  
 Assorted Low Fat Milk

**SFPE** This institution is an equal opportunity provider.

## Monday Tuesday Wednesday Thursday Friday

<p>Menu is subject to change.</p>	<p>Fresh Fruit Selection &amp; Reduced Sugar Cereals Available Daily at Breakfast</p> 			<p><b>1</b> <u>Breakfast</u>          Blueberry Loaf w Canadian Ham  <u>Lunch</u>          Turkey Chili Dog          Crispy Buffalo Chicken Salad          Chunky Chicken Salad Sub          Crispy Golden Tater Tots</p>
<p><b>4</b> <u>Breakfast</u>          Assorted Muffin w/ String Cheese  <u>Lunch</u>          BBQ Rib Pork Sandwich          Spicy Chicken Sandwich          Grilled Cheeseburger          Cooked Crinkle Cut Carrots</p>	<p><b>5</b> <u>Breakfast</u>          Sausage &amp; Cheese Croissant  <u>Lunch</u>          Red Beans &amp; Rice w/ Chicken          Chicken Po Boy Stacker          East Coast Italian Wrap          Creole Spinach</p>	<p><b>6</b> <u>Breakfast</u>          Blueberry Smoothie  <u>Lunch</u>          Loaded Chicken Nachos          Classic Pepperoni Pizza          Fresh Ham Sub          Vegetarian Baked Beans</p>	<p><b>7</b> <u>Breakfast</u>          Eggs w/ Bacon &amp; Toast  <u>Lunch</u>          Philly Beef Cheesesteak w/ Cheddar Sauce          Spicy Chicken Sandwich          Turkey &amp; Cheese Wrap          Seasoned Curly Fries</p>	<p><b>8</b> <u>Breakfast</u>          Cherry Frudel  <u>Lunch</u>          Pulled Pork Sandwich          Breaded Chicken Sandwich          Ham &amp; Cheese Wrap          Broccoli w/ Cheese Sauce</p>
<p><b>11</b> <u>Breakfast</u>          Assorted Muffin w/ String Cheese  <u>Lunch</u>          Chef Salad w/ Crackers          Spaghetti w/ Meatballs          Classic Pepperoni Pizza          Cooked Green Beans</p>	<p><b>12</b> <u>Breakfast</u>          Sausage Breakfast Pizza  <u>Lunch</u>          Loaded Chicken Nachos          Juicy Hamburger          Classic Turkey Sub          Seasoned Refried Beans</p>	<p><b>13</b> <u>Breakfast</u>          Egg &amp; Potato Tacos  <u>Lunch</u>          Chicken Tenders Potato Bowl w/Roll          Savory Cheese Pizza          Grilled Cheeseburger          Crinkle Cut Carrots</p>	<p><b>14</b> <u>Breakfast</u>          Fluffy Jumbo Waffles  <u>Lunch</u>          Cheesy BBQ Dipper Sub          Spicy Chicken Sandwich          Juicy Hamburger          Seasoned Broccoli Florets</p>	<p><b>15</b> <u>Breakfast</u>          Denver Scrambled Egg  <u>Lunch</u>          Chicken Mix Salad w/ Croutons          Beef &amp; Broccoli w/ Rice          Grilled Cheeseburger          Seasoned Peas &amp; Carrots</p>
<p><b>18</b> <u>Breakfast</u>          Assorted Muffin w/ String Cheese  <u>Lunch</u>          Sweet &amp; Sour Chicken          Cheesy Chicken Flour Tacos          Fresh Ham Sub          Seasoned Broccoli Florets</p>	<p><b>19</b> <u>Breakfast</u>          Maple Breakfast on a Stick  <u>Lunch</u>          Chicken Garden Salad w/ Croutons          Cheesy Beef Nachos          Loaded Supreme Pizza          Mexican Pinto Beans</p>	<p><b>20</b> <u>Breakfast</u>          Mini Golden Blueberry Pancakes  <u>Lunch</u>          Chili Cheese Baked Potato          Cheesy Broccoli Baked Potato          Classic Cheese Pizza          Crinkle Cut Carrots</p>	<p><b>21</b> <u>Breakfast</u>          Sausage Breakfast Pizza  <u>Lunch</u>          Chef Salad w/ Croutons          Chicken Alfredo w/ Breadstick          Spicy Chicken Sandwich          Cooked Green Beans</p>	<p><b>22</b> <u>Breakfast</u>          Sausage &amp; Cheese Bagel Sandwich  <u>Lunch</u>          BBQ Chicken Salad          BBQ Glazed Chicken w/ Rice          Chunky Chicken Salad Sub          Peppered Corn</p>
<p><b>25</b> <u>Breakfast</u>          Assorted Muffin w/ String Cheese  <u>Lunch</u>          Chef Salad w/ Croutons          Beef Dippers Potato Bowl          Classic Pepperoni Pizza          Seasoned Curly Fries</p>	<p><b>26</b> <u>Breakfast</u>          Ham &amp; Cheese Croissant  <u>Lunch</u>          Cheesy Nachos          Loaded Meatlovers Pizza          Spicy Chicken Sandwich          Seasoned Refried Beans</p>	<p><b>27</b> <u>Breakfast</u>          Blueberry Smoothie  <u>Lunch</u>          BBQ Rib Pork Sandwich          Chicken Caesar Salad          Savory Cheese Pizza          Vegetarian Baked Beans</p>	<p><b>28</b> <u>Breakfast</u>          Cheesy Egg &amp; Sausage Tacos  <u>Lunch</u>          Beefy Rotini w/ Breadstick          Grilled Cheeseburger          Ham &amp; Cheese Wrap          Seasoned Peas &amp; Carrots</p>	<p><b>29</b> <u>Breakfast</u>          Chocolate Bread Slice  <u>Lunch</u>          Hawaiian BBQ Kahlua Chicken w/ Fried Rice          Juicy Hamburger          Classic Pepperoni Pizza          Cooked Crinkle Cut Carrots</p>

Students Eat Free! Adult Breakfast Price \$2.30 Adult Lunch Price \$3.85